October 2025

Future HCC Meetings and Events

Membership Gathering: Next meeting will be November 5th at 12:00 Noon – 1:00 p.m. at the Martens Center, 1515 N. Market St, Champaign. *(Membership gatherings are typically the first Wednesday of the month.)*

Board Meeting: October 29th at 8:30 – 9:30 a.m. at the Community Foundation of East Central Illinois, 307 W. University Ave., Champaign. (*Board meetings are typically the last Wednesday o the month.)* Join via Zoom .

Coming Events and Opportunities from Participating Organizations

Feeding Champaign County 2026 Addressing Food Access and Security	**Save the Date** The 2026 Feeding Champaign County Food Summit will be held on March 26th at the I Hotel. Registration information, cal for workshops, and opportunities to promote your program are coming soon.
The Land Connection	**NeighborFOOD Bucks** is a program that allows farmers market staff to give $15 in special tokens for use at the market to anyone who asks. No catch. No special documentation required. Th program is available at the Champaign Farmers Market Urbana's Market at The

	Square, and will be available at The Champaign-Urbana Winter Farmers Market. Download this flyer for full details.
	**Morrissey Park parkrun** Saturdays at 9:00a.m. at Morrissey Park, 1209 Harrington Dr., Champaign. Parkrun is a free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer, or spectate– it's up to you! Parkrun is free but please register before you first come along. Morrissey Park parkrun needs you! It is entirely organized by volunteers- email morrisseypark@parkrun.cor to help.
	Nutrition Across the Lifespan Resource Fair Then explore our hands-on Resource Fair featuring 20 tables by community organizations, including Champaign-Urbana Public Health, Eastern Illinois Food Bank, and University of Illinois nutrition researchers. Experience interactive demonstrations, veggie meter testing, meet local nutrition authors, and discover nutrition services and support in the area. Whether you're a parent seeking family nutrition guidance, a student exploring careers, or someone interested in improving your wellbeing, you'll find valuable resource

and connections. More details HERE.





HCC is a Charity Running Partner for the Christie Clinic Illinois Race Weeken
Healthy Champaign County was selected as a Christie Clinic Illinois Race Weekend charity running partner for the 2026 race weekend taking place April 23-25! We hope everyone involved in HCC wi pitch in to make this a success.

When registering for one of the many race weekend events, select to join Team HCC. Create your fundraising profile to share with friends, family members, and colleagues or make a one-time donation. If you register after Oct 31, reach out for ou HCC promo code for a discount (email Caitlin Fredericks at cfred@illinois.edu).

HCC will also provide a volunteer crew for race weekend. If you're interested in volunteering, please fill out our volunteer interest form. Everyone is invited to registe to walk or run for Team HCC, plan to volunteer for HCC, donate to the HCC team, or d it all!

The Christie Clinic Illinois Race Weekend kicks off with the 1-mile run on Thursday,

	April 23 at 7:30pm. The fun continues Friday, April 24 wit a 5K run/walk at 7:30pm. The race weekend concludes on Saturday, April 25 with the wheelchair half marathon at 7:31am, marathon and half marathon at 7:33am, 10K at 8:00am, and a youth run at 3:00pm.
	**Multi-Sector Plan for Aging** Building on the grassroots advocacy of the Illinois Aging Together Coalition, Governor Pritzker issued Executive Order 2024-02 in August 2024 to begin the development process for a Multi-Sector Plan for Aging (MPA). The MPA is a 10-year blueprint to support healthy aging in Illinois communities, while also addressing issues related to healthcare, housing, transportation, and other social determinants of health. More details HERE.
	**New Tools Developed by the RPC to Help the Community Better Plan fo Champaign County's Future** The online tools help to inform future policies for the benefit of Champaign County residents. The Socio-Economic Impact Too (SIT) and the Housing and Transportation Affordability

	and Accessibility Index (H&T Index) were created to provide the resources for local agencies and community members to perform small-scale analysis of existing county demographic and infrastructure conditions. SIT distributes demographic attributes within user-defined areas and produces downloadable reports for project evaluation and the H&T Index offers more locally informed and relevant insights into the interaction between housing and transportation in Champaign County. More details HERE.
	Host a Health and Kinesiology Intern HK 471 is seeking host partners for HK 471 Community Health Internships. HCC members interested in hosting HK 471 Community Health Interns are invited to attend a Preceptor Recruitment Q & A event with Dr. Caitlin Clarke and Dr. Cecilia Tenório via ZOOM on Tuesday October 21 from 4:00-5:00 PM. Contact Caitlin Clarke for additional information.
	Marketplace Open Enrollment Information Meeting CCHCC is hosting a meeting for anyone who is seeking health insurance through the Marketplace or Medicaid. The State of Illinois will be operating its own Marketplace starting this fall, rather than continuing the

partnership with the federal government for use of their Marketplace. They will explain the Open Enrollment process, options for financial assistance, and the difference between Marketplace and Medicaid plans. The meeting will be at the Champaign Public Library at 20 W. Green Street on Wednesday October 29 at 7 p.m. More information is available HERE.



Measuring What Matters: Introduction to Community-Based Program Evaluation

Are you program leader in a community organization or nonprofit looking to better understand what's working in your program, how to show your program's successes, and how to improve the effectiveness of your program?

The Interdisciplinary Health Sciences Institute (IHSI) at the University of Illinois Urbana-Champaign is hosting a hands-on workshop designed to introduce community-based organizations to program evaluation on Nov. 13, 8:30 11:30 a.m., at the Martens Center in Champaign. In this workshop, led by Professor Jenna Riis, you will:

- Learn how to build simple logic models to clarify your program's goals and outcomes.
- Apply the principles of continuous quality improvement to improve program effectiveness in real time.

	• Review data collection, measurement, and reporting strategies to help you quantify and evaluate your program's impact. No prior evaluation experience is needed. You'll leave with practical tools to help you take the next steps of program evaluation in your own organization. Please register by Nov. 10 t ensure accommodation of a participants.

In the News

40 YEARS National WIC Association	**National WIC Association Denounces Trump Termination of Annual Hunger Survey** The Trump administration announced the termination of the Department of Agriculture's annual survey of food security in the United States. The Nationa WIC Association strongly condemns this shortsighted action and urges the Department to reverse course immediately. This decision is a thinly veiled attempt to obscure the harms of the administration's policies, at the expense of families who struggle every day to put food on the table. Ceasing to measure hunger will not end it; it will only hamper the ability of programs like WIC to address it. Read more HERE.
 	**Healthy Champaign County on Social Media** Follow HCC on Facebook and Instagram for current and timely news, local activities, and organizational updates. You can post your updates too! Don't hide your light.

Newsletter Publication Schedule: We aspire to publish this newsletter on the 3rd Wednesday o every month. Submissions for inclusion must be received by the 2nd Wednesday. Send submissions to HealthyChampaignCounty2016@gmail.com.

This information has been provided by **Healthy Champaign County** (HCC), a coalition of organizations and community members working to ensure opportunities for active living and

accessible, nutritional food for all our neighbors in Champaign County.

Learn more about Health Champaign County

If you wish to be added or removed from this mailing list, send a message to HealthyChampaignCounty2016@gmail.com.